

Homemade bread,
selection of seasonal
vegetables / fresh salad
and fresh fruits served
daily

Ben Rhydding Primary School

Wk 1 - 3rd Nov, 24th Nov,
15th Dec, 5th Jan, 26th Jan,
16th Feb, 9th Mar, 30th Mar
Wk 2 - 10th Nov, 1st Dec,
22nd Dec, 12th Jan, 2nd Feb,
23rd Feb, 16th Mar, 6th Apr
Wk 3 - 17th Nov, 8th Dec,
29th Dec, 19th Jan, 9th Feb,
2nd Mar, 23rd Mar, 13th Apr

MON

TUES

WED

THUR

FRI

WEEK 1



Mexican Style Burrito
(Rice, Sweet Potato, Beans & Vegetables seasoned with Mexican spices & baked in a Tortilla wrap)



Pasta Bolognaise
(A rich Tomato sauce with Soya Mince, Peppers and Herbs)

**Assorted Jacket Potatoes /
Hot Sub Roll**



Strawberry Sponge & Custard
(Homemade, light Vanilla Sponge with a Strawberry Jam swirl, served with Custard)



Golden Cheese Roll
(Cheese mix wrapped in Puff Pastry, served with Creamed Potatoes & Seasonal Vegetables)

**Assorted Jacket Potatoes /
Hot Sub Roll**



Chocolate Sponge & Chocolate Sauce
(Homemade, light Chocolate Sponge, served with Chocolate Sauce)



Quorn Roast Dinner
(Served with Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables & Vegan Gravy)

**Assorted Jacket Potatoes /
Hot Sub Roll**



Fruity Flapjack
(A sweet Bar made with Oats, Golden Syrup & Butter with Fruit)



Classic Cheese & Tomato Pizza with Coleslaw & Salad
(Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/ Cheddar Cheese)



Arrabiata Pasta
(Chilli Tomato Sauce with Lentils and Peppers, served with Pasta & Crusty Bread)

Assorted Jacket Potatoes



Banana Muffins
(A fluffy Vanilla Sponge, with Bananas & drizzled with Icing)



Crispy Dippers
(A blend of Vegetables and Potato coated in Breadcrumbs served with Ketchup and baked Jacket Wedges)

Assorted Jacket Potatoes



Peaches & Ice Cream with Syrup
(Vanilla Ice Cream with Tinned Peach Slices with a Chocolate flavoured Syrup)

WEEK 2

Beef & Red Lentil Bolognaise & Garlic Bread

(Red Tractor Accredited Beef Mince & Lentils in a Tomato Sauce served with Pasta & Garlic Bread)



BBQ Quorn Pasta
(Quorn Pieces in a Barbeque flavoured Tomato Sauce, served with Wholemeal Pasta)

**Assorted Jacket Potatoes /
Hot Sub Roll**



Apple Crumble & Custard
(Sliced Apples topped with Oat Crumble, served with Custard)



Loaded Quorn Burger in a Bun
(Served in a White Breadcake with Baked Jacket Wedges)

**Assorted Jacket Potatoes /
Hot Sub Roll**



Sprinkle Cake
(Homemade Vanilla Sponge, lightly topped with Water Icing and Sprinkles)



Arrabiata Pasta
(Chilli Tomato Sauce with Lentils and Peppers, served with Pasta & Crusty Bread)

Hot Sub Roll



Decorated Fruit Jelly
(Jelly with Fruit, topped with Fresh Cream)



Classic Cheese & Tomato Pizza with Coleslaw & Salad
(Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/Cheddar Cheese)



Super Savoury Roll
(Flaky Puff pastry with a seasoned filling served with Salad & Coleslaw)

Assorted Jacket Potatoes



Gallydale Biscuits
(Homemade, crumbly, Oaty Biscuit)



Vegetable Pakoras
(Mixed Vegetables & Onion coated in Tempura Batter, served with Baked Jacket Wedges & Raita)

Assorted Jacket Potatoes



Marble Sponge & Chocolate Sauce
(Homemade Sponge with hints of both Vanilla & Chocolate Cake, served with Chocolate Sauce)

WEEK 3

Loaded Wedges with a Mild Mexican Chilli & topping

(Red Tractor Accredited Beef Mince in a mild, homemade Chilli Sauce, served on Baked Jacket Wedges)



Golden Cheese Whirl
(Cheese, Potato & Onion encase in Puff Pastry, served with baked Jacket Wedges)



Pomodoro Pasta
(A simple, delicious rich Tomato Sauce with Beans, served with Garlic Bread)

Assorted Jacket Potatoes



Apple Cake
(Baked Vanilla Sponge with blended Apples & topped with Icing Sugar)



Rainbow Jambalaya Jamboree
(Mildly spiced Rice with Peppers, Vegetables and Beans, served with Crusty Bread)

Assorted Jacket Potatoes



Vanilla Sponge
(Homemade, light Vanilla Sponge with a hint of Vanilla, served with Custard)

Sausage in Gravy with Yorkshire Pudding
(Red Tractor Accredited Sausage, served with Yorkshire Pudding)



Chinese Curry
(A Chinese Style Vegetable Curry served with Rainbow Rice)

**Assorted Jacket Potatoes /
Hot Sub Roll**



Peaches & Ice Cream with Syrup
(Vanilla Ice Cream with Tinned Peach Slices with a Chocolate flavoured Syrup)



Classic Cheese & Tomato Pizza with Coleslaw & Salad
(Wholemeal 50/50 Base topped with a lightly spiced Sauce and topped with Mozzarella/ Cheddar Cheese)



Loaded Rainbow Pizza
(Wholemeal 50/50 Base topped with a lightly spiced Sauce, and topped with Mozzarella/Cheddar Cheese & Vegetables)

Assorted Jacket Potatoes



Butterfly Buns
(Individual decorated Sponge-based Dessert)



Chocolate Crispy Crunch
(A sweet Bar made from puffed Rice, Cocoa & Syrup)



the **food quarter**

FM SERVICES

For full allergen
& nutritional
information
head to our app



City of
BRADFORD
METROPOLITAN DISTRICT COUNCIL