Ben Rhydding Primary School

Week Commencing

30th Oct, 20th Nov, 11th Dec, 1st Jan, 22nd Jan, 4th Mar





Pork Meatballs with Rice

Veg Biryani
Rice, Crusty Bread
Assorted Individual Salads

# Choose from...

Pasta Bolognese

Garlic Bread

Assorted Individual Salads

# Choose from...

Roast of the Day

Quorn Roast
Dry Roast Potatoes, Yorkshire Pudding
Seasonal Vegetables, Assorted Individual Salads

# Choose from...

- Cheese & Tomato Pizza
- Quorn Sausage in a Roll Chips

Baked Beans, Assorted Individual Salads

# Choose from...

Fish Fingers

Vegetable Samosa

Dry Roast Jacket Potato Wedges, Spaghetti Hoops Assorted Individual Salads **Assorted Jacket Potatoes** 

### Desserts...

- Apple Cake
- Yoghurt
- Freshly Prepared Fruit

**Assorted Sandwiches** 

#### Desserts...

- Paris Sandwich
- O Freshly Prepared Fruit

**Assorted Jacket Potatoes** 

## Desserts...

- Chocolate Sponge
- O Freshly Prepared Fruit

Assorted Jacket Potatoes

#### Desserts...

- Volcano Buns
- Freshly Prepared Fruit

**Assorted Panini** 

#### Desserts...

- Flapjack
- Freshly Prepared Fruit
- Yoghurt

Suitable for









A selection of additional options e,g, sandwiches, jackets etc. will be available each day



For full allergen & nutritional information go to the FM School Meals App: https://schoolmeals.bradford.gov.uk







Ben Rhydding Primary School

Week Commencing

6th Nov, 27th Nov, 8th Jan 29th Jan, 19th Feb, 11th Mar





Meat Lasagne

Vegetarian Chilli & Nachos Garlic Bread
Assorted Individual Salads

Choose from...

Sausage in a Bun

Mac n Cheese
Herby Potatoes, Crusty Bread
Assorted Individual Salads

# Choose from...

Roast of the Day

Quorn Toad In Hole
Dry Roast Potatoes, Yorkshire Pudding
Seasonal Vegetables, Assorted Individual Salads

## Choose from...

- Cheese & Tomato Pizza
- Mascarpone Pasta
  Chips, Crusty Bread
  Baked Beans, Assorted Individual Salads

# Choose from...

**Battered Fillet of Fish** 

Salmon Fishcakes

Southern Fried Quorn Burger
Dry Roast Jacket Potato Wedges, Spaghetti Hoops
Assorted Individual Salads

**Assorted Jacket Potatoes** 

#### Desserts...

- // Individual Ice Cream Tub
- Yoghurt

**Assorted Sandwiches** 

#### Desserts...

- Syrup Sponge
- Freshly Prepared Fruit

Assorted Jacket Potatoes

#### Desserts...

- // Jam Pie Bar
- Decorated Fruit Jelly
- Freshly Prepared Fruit

**Assorted Jacket Potatoes** 

#### Desserts...

- Butterfly Buns
- Freshly Prepared Fruit

**Assorted Panini** 

# Desserts...

- Decorated Sponge Cake
- Yoghurt

Suitable for









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Ben Rhydding Primary School

Week Commencing

13th Nov, 4th Dec, 15th Jan 5th Feb, 26th Feb, 18th Mar



# Choose from...

Mild Chicken Curry

Mexican Burrito

Naan Bread, Baked Tortilla Chips

Assorted Individual Salads

**Assorted Jacket Potatoes** 

### Desserts...

- () Chocolate Sponge
- Yoghurt

Choose from...

Minced Beef & Onion Pie

Vegetable Pasty
 Creamed Potatoes, New Potatoes
 Seasonal Vegetables, Assorted Individual Salads

**Assorted Sandwiches** 

### Desserts...

- Oat Cake
- Freshly Prepared Fruit

Choose from...

Roast of the Day

Cheese Rolls

Dry Roast Potatoes, Yorkshire Pudding Seasonal Vegetables, Assorted Individual Salads Assorted Jacket Potatoes

#### Desserts...

- 🕖 Orange & Lemon Sponge
- Decorated Fruit Jelly
- O Freshly Prepared Fruit

Choose from...

- Cheese & Tomato Pizza
- Soya Mince Bolognese

Baked Beans, Assorted Individual Salads

Assorted Jacket Potatoes

#### Desserts...

- Oat Cookie
- Freshly Prepared Fruit

Choose from...

Fish Fingers

🕖 Vegetarian Breakfast

Dry Roast Jacket Potato Wedges, Spaghetti Hoops Coleslaw, Assorted Individual Salads Assorted Panini

# Desserts...

- Apple Crumble
- Yoghurt
- O Freshly Prepared Fruit

Suitable for









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